

LOTS OF ||||| ZEN ||| * ||||| |||||

Hey Bradford! Kick off your Summer with our weekly Lots of Zen Yoga series launch! Free Yoga, swag, smoothies and more!

Date: Sunday, May 31

Time: 9:00 AM - 12:00 PM

Address: 500 Holland St W. Patio
(beside Starbucks)



Following our May 31st launch event, Breathe Hot Yoga Studio will host free Yoga every Sunday morning until August 23rd. Learn more at choicereit.ca/sustainability/placemaking.